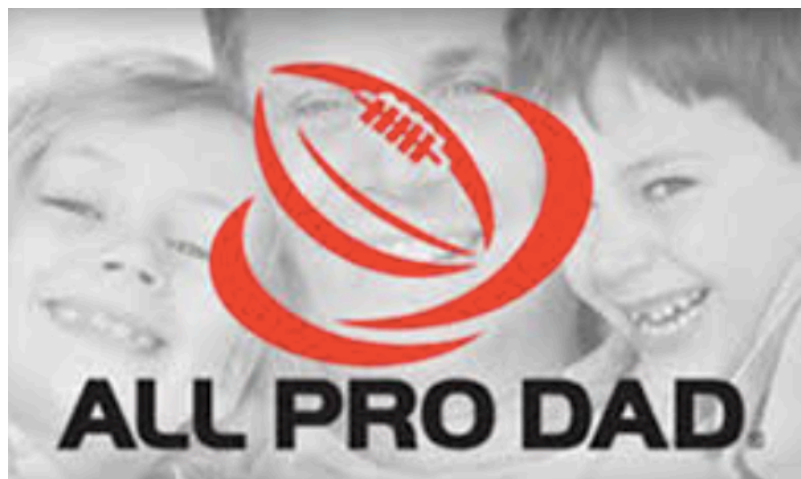


# SHARK NEWS

Swimming Toward College & Career Readiness

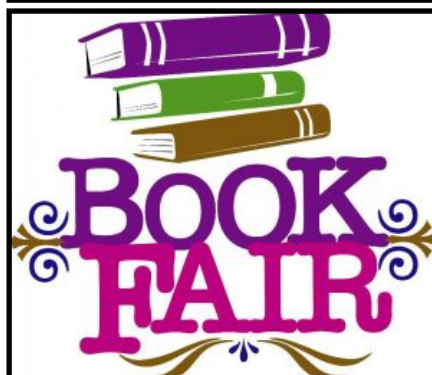


Calling all Dads and Father Figures- Our next **All Pro Dads** meeting will be **Monday, February 10th at 7:30 am-8:15 am**. Breakfast will be served. Bring your Sandy Elementary students for a morning full of fun bonding time.

**Parent Teacher Conferences will be held Wednesday, Feb. 26th and Thursday, Feb. 27th.** Sign up for your scheduled time on Skyward or come into the front office for help beginning Feb 10th.



Get ready for another Jaw-some **Book Fair on Feb. 26th- 27th** during Parent Teacher Conferences.

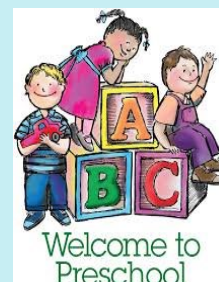


Canyons School District partners with the United Way and works within a Community School model that supports our students and families along 5 pathways to achieve academic success:

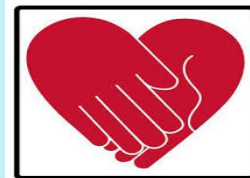
- Academic
- Youth Development
- Parent Engagement
- Health & Social Services
- Community Partnerships



**CANYONS**  
Community Schools



**Preschool Registration begins Monday, March 2nd**



**Utah Mobile Food Bank will be at Sandy Elementary Tuesday, February 11th**



**Family Learning Center**

Free English and computer classes.  
Contact Betty Jones  
801-826-9325

**SAFE**

At all times, Sandy  
Sharks are SAFE

**KIND**

At all times, Sandy  
Sharks are KIND

**RESPONSIBLE**

At all times, Sandy  
Sharks are  
RESPONSIBLE



**A GREAT BIG THANK YOU** goes out to **FinWise Bank** for donating \$1200.00 to Sandy

Elementary. As a valued community partner, you bless the lives of our Sandy Elementary families and students as we work together in an effort to remove barriers to academic progress. **THANK YOU!!**

### Building Connectedness

Connectedness is an important protective factor for youth that can reduce the likelihood of a variety of risky behaviors. Connectedness refers to a sense of being cared for, supported, and belonging. It can be centered on feeling connected to school, family, and other important people in a student's life. Youth who feel connected at school and home are less likely to experience negative health outcomes related to sexual risk, substance use, violence, and mental health, even into adulthood. The activities below are examples of some simple ways you can enhance connectedness with your children, adolescents, and teens.

- Communicate openly and honestly, especially about your family values.
- Actively listen to your student and validate their feelings and experiences.
- Spend time with your child doing activities you enjoy together. These activities do not need to be elaborate or expensive. The importance is to spend positive, in-person, electronic-free time with your child. Examples could be taking a walk, working on a project, reading a story, talking in the car on the way to school, etc.
- Become engaged in your child's school by volunteering, helping with homework, attending events, etc.
- Supervise your child and facilitate healthy decision-making.
- Enjoy electronic-free family meals together as often as you can.
- Encourage your child to participate in activities, clubs, or teams to build connectedness within his/her peer group

**Shark School will have a Family Night Wednesday, February 12th at 4:30 pm.** Hope to see you all there!  
**PLEASE NOTE: There will be NO SHARK SCHOOL during the week of Parent Teacher Conferences: Feb. 24th-27th.**



